

Livermore Area Youth Advisory Commission  
**Teen Multimedia Art Contest**  
 For Middle and High School students



Use one of the following to address the prompt:

- Essay
- Poem
- Song
- Photograph
- Drawing
- Painting (Digital or Canvas, 18x18 in max.)

All written submissions must be 500 words or less

Turn in hard copies to your school office or digitally to [mkline@larpd.org](mailto:mkline@larpd.org)

Submission form (on back of this flyer) must be attached

**AWARDS** given to top three Middle & High School art and written entries

1<sup>st</sup> Place written entries will be published in the Independent Newspaper

Winning art entries will be displayed in the Bankhead Theater

**Due Monday, May 22, 2017**

<b>T O P I C S</b>	<b>Well-Being</b>	<b>Stress</b>	<b>Solitude</b>
	<p>How do you define your well-being?</p> <p>How do you balance yourself to achieve well-being?</p> <p style="text-align: right;">e.x</p>	<p>What makes you stressed?</p> <p>How does stress affect you?</p> <p style="text-align: right;">e.x</p>	<p>What emotions defined your solitude?</p> <p>Illustrate the pros and cons of solitude?</p> <p style="text-align: right;">e.x</p>

Written and art submissions will be scored by the Livermore Area Youth Advisory Commission. Your identity will remain anonymous while entries are being judged. Winners will be decided and contacted by late May.

Special thanks to our sponsors:



ATTACH THIS SHEET TO YOUR ESSAY  
DO NOT WRITE YOUR NAME ON THE FRONT OF YOUR ESSAY  
TURN IN ESSAY WITH THIS PAPER ATTACHED BY

**\*\* Deadline-FRIDAY, MAY 22 \*\***

**Name:** \_\_\_\_\_

**School:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Grade:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**Do you wish to remain anonymous if your essay is published?**

\_\_\_ **Yes, please withhold my name from any publications.**